# Applying to Medical School, Part 1 Time lines

Nov 21, 2024

# Application Definitions

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Summary

2024 (EY2025) Successful timeline ¶
Began asking for rec letters: 06/12 ¶
MCAT test date: 06/14 ¶
AMCAS submitted: 06/23 ¶
PMAC application submitted: 07/07 ¶
PMAC interview: 07/22 ¶
AMCAS processed: 07/29 ¶
Secondaries submitted: ¶

- Submitted 10 secondaries from 07/30-8/10¶
- University of Florida: 08/02¶

  Med school interview invitation: 08/26¶

Med school interview:09/20¶

Acceptance received 10/22. Notified via phone call from interviewer and bia email from admissions. ¶

2025 MCAT Calendar

If your 2024 Fee Assistance Program application is approved, your benefits will begin on the date of approval and will expire on Dec. 31, 2025\*, regardless of your approval date in the Fee Assistance Program application year.



**Note:** The AMCAS application benefits awarded to you can be used for only one application cycle; they do not carry over to the following cycle.

#### Fee Assistance Approval and Expiration Dates:

If your application is approve	d: Your benefits expire*:
Jan. 1-Dec. 31, 2024	Dec. 31, 2025
Jan. 1-Dec. 31, 2025	Dec. 31, 2026
Jan. 1-Dec. 31, 2026	Dec. 31, 2027

#### Not Retroactive

Fee Assistance Program benefits are not retroactive. In addition, benefits will not be applied until **after** your Fee Assistance Program benefits have been awarded. Please be aware that:

- No refunds will be issued for any fees you paid before your Fee Assistance Program application was approved.
- You may not use your awarded medical school designations if you submit your AMCAS
  application before your Fee Assistance Program application is approved.
- The AAMC is not responsible for any MCAT or PREview registration deadlines or medical school
  application deadlines you might miss while waiting for the review of your Fee Assistance Program
  application. If you have questions about whether your Fee Assistance Program benefits will be
  applied, contact the AAMC before making a purchase.

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Recommended Submission Date for Initial Applications	Recommended Submission Date for Reconsiderations, Appeals, and Extensions	15 Days Prior to Exam Date	Exam Date
September 27, 2024	November 26, 2024	December 26, 2024	January 10, 2025
September 28, 2024	November 27, 2024	December 27, 2024	January 11. 2025
October 3, 2024	December 2, 2024	January 1, 2025	January 16, 2025
October 11, 2024	December 10, 2024	January 9, 2025	January 24, 2025
November 23, 2024	January 22, 2025	February 21, 2025	March 8, 2025
December 6, 2024	February 4, 2025	March 6, 2025	March 21, 2025

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# Alphabet Soup

# Acronyms 4 U

- ▶ MCAT: Medical College Admissions Test
- ► MSAR: Medical School Admission Requirements
- ► PMAC: Premedical Advisory Committee
- ► AAMC: Association of American Medical Colleges
- AACOM: American Association of Colleges of Osteopathic Medicine

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# **Application Services**





Welcome to AACOMAS



➤ Opens in early May (you will use the "2026 Application Cycle" or "EY2026" if you apply in 2025)

For D.O. schools

For Texas

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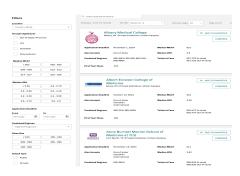
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# MSAR: To get (mostly) accurate information



- · Information on newly accredited medical schools
- · Application procedures and deadlines
- · Selection factors such as MCAT & GPA data
- · Medical school class profiles
- · Costs and financial aid packages
- Data on applicant volunteer and research experiences
- Research Opportunities
- · MD/PhD and other combined degrees
- · Graduates' specialty choices

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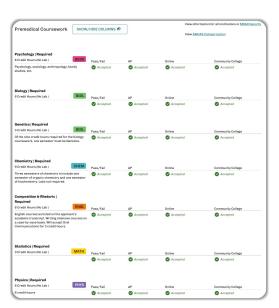
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# Preregs MSAR new



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# Preregs MSAR old

#### Required / Recommended Premedical Coursework

	Courses	Required/Recommended	Lab	Credit Hours	0	Pass/Fail Accepted*	0	AP Accepted?	Online Accepted?	Community College Accepted?
	Behavioral Sciences	Required		6				•	0	•
~	Biochemistry	Required		3		0		0	0	0
	Biology	Required		6				0	0	0
	Biology/Zoology	Recommended								
	Calculus									
	College English	Required		6				0	0	0
	College Mathematics									
	Computer Science	Recommended								
	Genetics	Required		3		<b>Ø</b>		8	0	•
	Humanities	Recommended								
	Inorganic Chemistry	Required		3				•	•	•
~	Organic Chemistry	Required		3		0		8	•	8
	Physics	Required		6				•	•	•
	Psychology	Recommended								
	Social Sciences	Recommended						•	•	•
	Statistics	Required		3				0	0	•

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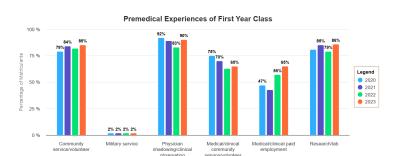
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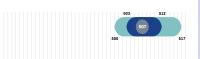
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# 2024 FRESHMEN SNAPSHOT

- Average GPA of those accepted: 3.85
- GPA range of those accepted: 3.02-4.00
- Average MCAT of those accepted: 507
- MCAT range of those accepted: 495-523
- Average age of those accepted: 23
- Age range of those accepted: 19-37
- A total of 2,782 applicants from 47 states
- Freshman class size: 175

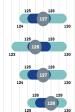
#### Section Scores

Chemical and Physical Foundations of Biological Systems

Critical Analysis and Reasoning Skills

Biological and Biochemical Foundations of Living Systems

Psychological, Social, and Biological Foundations of Behavior



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# Past performance of UofA applicants

Category	Count	Percent	Averages	
All applicants			MCAT	GPA
Submitted Application	126		503	3.75
Accepted MD	75	59.5%	507.5	3.84
Accepted DO	10		500	3.76
Total Accepted	85	67.5%	506.6	3.83
Arkansas Residents				
Applied	94			
Accepted MD	54	57.4%	507.2	3.84
Accepted DO	7		500	3.78
Total Accepted	61	64.9%	506.2	3.83

State¤	Count (PMAC)
AR¤	941
CA¤	23
IL¤	13
IN¤	13
KS¤	83
LA¤	31
MO¤	43
OK¤	23
TX¤	113
Total¤	1263

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# Majors

Major¤	Count¤	AC¤
Accountings	111	18
Animal Science Pre-Professional#	18	18
Biochemistry#	7#	5
Biochemistry   Spanish¤	2⊭	23
Biological Engineering¤	3#	31
Biology#	42¤	298
Biomedical Engineering#	13#	98
Biophysical Chemistry#	18	0
Chemical Engineering¤	1#	18
Chemistry¤	3¤	23
Chemistry-Biochemistry Spanish#	1#	18
Crop Science#	18	18
English#	1#	18
Exercise Science#	2#	18
Financex	1#	18
International Business, Business Economics¤	18	18
Kinesiology¤	2#	18
Kinesiology Exercise Science#	18	18
Nursings	1#	18
Philosophy¤	2#	23
Political Science#	1#	0
Pre-Medical Kinesiology¤	18	18
Psychology¤	8#	48
Public Health¤	7#	23
Arabic   Biochemistry#	1#	18
Science (Other Biology)- Kinesiology¤	18	0
Biology Foreign Language#	1#	0
Chemistry (Biochemistry Emphasis)¤	18	18
Biochemistry   Biology#	3⊭	18
Chemistry   Exercise Science#	18	0
Business Administration¤	1#	18
No Major   No Major   Biology¤	18	18
Biology   Psychology#	3⊭	23
Biology Chemistry#	18	18
Psychology   Public Health#	1#	18
Anthropology¤	2#	0
Animal Science   Biochemistry#	18	18
Nutrition#	1#	18
Biology   Public Health#	18	18
Businessa	18	Os

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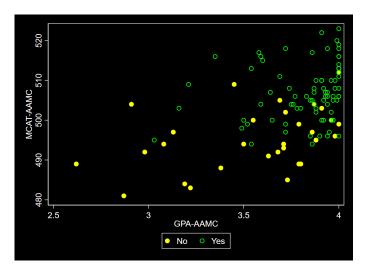
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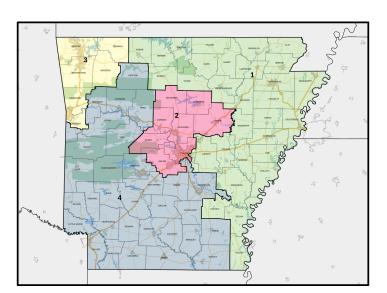
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# **Congressional Districts**





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# Who and what is PMAC?

Med	School
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ARSC	ENGR	ONCA
James Walker	Tim Muldoon	Suzanne McCray
Tim Kral	Katie Pope	Matthew Halbert
Jennifer Mortensen		
Mack Ivey	HC	Pat Walker HC
Suresh Kumar	Jonathon Langley	Huda Sharaf
Bill Levine	Louise Hancox	
Casey Kayser		

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# What: PMAC evaluates application materials and interviews applicants

For each applicant, the committee considers the academic record, character and motivation, interpersonal skills, leadership, extenuating circumstances, letters, and other information. These factors, plus the interview with two members of the PMAC, are discussed in the committee letter

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# What is the committee letter?



Department of Rialogical Sciences

9 November 2020¶

Re: Lorem Insum. AMCAS ID # 1234567889 Lorem has waived the right provided by the Family Educational Rights and Privacy Act of 1974 (P.L. 93-380) to review this letter.

Dear Admissions Committee:¶

Un behalf of the Premed	ical Advisory C	ommittee, I w	ish to submit	the following	gevaluation.	1
Committee Vote: ¶	VHRII	HRII	Rti	RRII	NRII	7
	15p	OH	00	00	00	ik

Lorem Ipsum dolor sit amet, consectetuer adipiscing elit 4.0 maecenas porttitor congue massa 528. Fusce posuere, magna sed pulvinar ultricies, purus lectus malesuada libero. sit amet commodo magna eros quis urna. Nunc viverra imperdiet enim. Fusce est. Vivamus a tellus Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Proin pharetra nonummy pede. Mauris et orci. Aenean nec lorem. In porttitor. Donec laoreet nonummy augue. Suspendisse dui purus, scelerisque at, vulputate vitae, pretium mattis, nunc. Mauris eget neque at sem venenatis eleifend. Ut nonummy. Fusce aliquet pede non pede. Suspendisse dapibus lorem pellentesque magna. Integer nulla. Donec blandit feuglat ligula. Donec hendrerit, fells et imperdiet euismod, purus ipsum pretium metus, in lacinia nulla nisl eget sapien.

Donec ut est in lectus consequat consequat. Etiam eget dui. Aliquam erat volutpat. Sed at lorem in nunc porta tristique. Reading is easier, too, in the new Reading view. ¶

Motivation: El video proporciona una manera poderosa d'ajudar-te a demostrar el teu punt. Quan feu clic a Video en línia, podeu enganxar-lo al codi d'inserció del video que vulgueu afegir. També podeu escriure una paraula clau per cercar en linia el video que millor s'adapti al document. Per fer que el document es vegi produit professionalment, el Word proporciona disservs de capcalera, peu de pàgina. portada i quadre de text que es complementen entre si. Per exemple, podeu afegir una página de portada, una capcalera i una barra lateral coincidents. Feu clic a Insereix i, a continuació, trieu els elements que vulgueu de les diferents galeries. Els temes i els estils també ajuden a mantenir el document coordinat. ¶

Interview report: Lorem josum dolor sit amet, consectetuer adjoiscing elit, Maecenas portitior conque massa. Fusce posuere, magna sed pulvinar ultricies, purus lectus malesuada libero, sit amet commodo Science Engineering, Room 601 • Payetteville, AR 72701-1201 • 479-575-3251 • PAX: 479-575-4000 • www.mark.edu/ The University of Arbonics is on usual attentions of discussive action (action).

magna eros quis urna. Nunc viverra imperdiet enim. Fusce est. Vivamus a tellus, Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Proin pharetra nonummy pede. Mauris et orci. Aenean nec lorem, In porttitor, Donec laoreet nonummy augue, Suspendisse dui purus, scelerisque at, vulputate vitae, pretium mattis, nunc. Mauris eget neque at sem venenatis eleifend. Ut nonummy ¶

Overall assessment: The Premedical Advisory Committee (PMAC) consists of 17 faculty members representing various departments and centers. Each applicant is interviewed by two members of the PMAC and evaluated by the entire committee. We use the following rating system: VHR (Very Highly Recommend): HR (Highly Recommend): R (Recommend): R (Recommend with Reservation): NR (Do Not Recommend). Last year, the weighted average of the PMAC rating (with VHR = 5, HR = 4, R = 3, RR = 2, NR = 1) was out of 5.00 overall, and for all applicants accepted to allopathic medical schools.



Videozapis pruža moćan način da vam pomogne dokazati svoju poantu. Kada kliknete Online Video, možete utisniti u kod za ugradnju videozapisa koli želite dodati. Također možete upisati ključnu riječ za pretraživanje videozapisa na mreži koji najbolje odgovara vašem dokumentu. Da bi vaš dokument izgledao profesionalno proizveden, Word pruža dizajne zaglavlja, podnožja, naslovnice i tekstualnih okvira koji se međusobno nadopunjuju. Na primjer, možete dodati odgovarajuću naslovnicu, zaglavlje i bočnu traku. Kliknite Umetak, a zatim odaberite elemente koje želite iz različitih galerija.¶

Sincerely ®

Mack Ivey, Chair¶ Univ of Arkansas Premedical Program¶ Assoc. Professor¶ Dept of Biological Sciences¶

Encl. Description of committee¶

The Premedical Advisory Committee consists of seventeen members. There are five faculty representatives from the Dept of Riplogical Sciences: Mack Ivey, Ph.D. (Liebolt Chair), Jennifer Mortensen, Ph.D. (Premed coadvisor), Tim Kral, Ph.D., James Walker, Ph.D., Tameka Jennings, Ph.D.; four from the Dept of Chemistry and Biochemistry: Lorraine Brewer, M.S., Charles Wilkins, Ph.D., Suresh Kumar, Ph.D., and Colin Heyes, Ph.D.; one from the Dept of Biomedical Engineering: Tim Muldoon, M.D./Ph.D: one from the Dept of Psychological Sciences: Rill Levine, Ph.D., one from the Dept of English: Casey Kayser, Ph.D.; and three from the College of Education and Health Professions: Professor of Kinesiology Dean Gorman, Ph.D., Assistant Dean Fran Hagstrom, Ph.D., and Suzanne McCray. Ph.D., the Vice Chancellor for Enrollment Services. We have one professional advisor, Monica Moore, MA, and one practicing physician, Huda Sharaf, M.D., Medical Director, Pat Walker

#### About PMAC



# **AMCAS Timing Issues**

## **AMCAS**

- You submit AMCAS/TMDSAS/AACOMAS form to PMAC.
  - 1. We use it to evaluate you.
  - 2. We help you polish it.
  - It's good, but not necessary, to submit your primary after your PMAC interview.
- PMAC processes applications in batches
  - 1. MCAT scores are not required to apply
  - MCAT scores are required for the completion of your committee letter
- This has consequences re:timing.

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# **PMAC Cycles**

# General time line

- 1. Take MCAT
- Arrange for your letters of recommendation
- 3. Apply to PMAC
- 4. Interview with PMAC
- 5. Get feedback
- Submit your AMCAS application to medical schools

Exam Date	Score Re	lease
Jan. 10	Feb. 11	
Jan. 11	Feb. 11	
Jan. 16	Feb. 18	
Jan. 24	Feb. 28	
March 8	April 8	
March 21	April 22	
April 4	May 6	1
April 5	May 6	
April 25	May 28	
April 26	May 28	
May 3	June 3	
May 9	June 10	
May 10	June 10	
May 15	June 17	
May 23	June 24	
May 31	July 1	
June 13	July 15	
June 14	July 15	2
June 27	July 29	
June 28	July 29	
July 12	Aug. 12	
July 25	Aug. 26	
Aug. 1	Sept. 3	
Aug. 16	Sept. 16	3
Aug. 22	Sept. 23	
Aug. 22 Aug. 23	Sept. 23 Sept. 23	
Aug. 23	Sept. 23	
Aug. 23 Sept. 4	Sept. 23 Oct. 7	
Aug. 23 Sept. 4 Sept. 5	Sept. 23 Oct. 7 Oct. 7	

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# **Important Dates**

- Last allowed MCAT test date: May 23, 2025
- PMAC Application deadline: June 2, 2025

# Schedule

- ► Interviews: mid-June
- Committee letters submitted late June through July

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- Last allowed MCAT test date: June 28, 2025
- PMAC Application deadline: July 7, 2025

## Schedule

- ► Interviews: mid July
- Committee letters submitted end of July early to late August

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# Dates

- ► MCAT: **Sept 13** is the last date
- ▶ PMAC Fall applicant deadline: August 25, 2025
- ► Interviews: early/mid September
- Committee letters submitted by end of October

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# What to consider when choosing test date

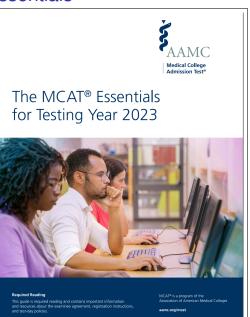
#### Med School **Application**

# Test date

- Takes a month to get score
- Score is required for committee letter
- Latest MCAT considered varies by school
- Retakes

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# MCAT Essentials



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- Sign up for the earliest MCAT date you feel comfortable with.
- Be mindful of deadlines.

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