

# Applying to Texas Medical Schools 2020 Time to start freaking out

## Mack Ivey and Caroline Baughn

February 27, 2020



Overall Process PMAC Summary

JAN         FILL         FILL	FEB           SUN         MON         TUL         WED         THU         FR         SAT           2         3         4         5         6         7         8           9         10         11         12         13         14         15           16         17         18         19         20         21         22           23         24         25         26         27         28         29	SUN         MOM         TUE         VED         TUE         VED         TUE         FR         SAT           1         2         3         4         5         6         7           8         9         10         11         12         13         164           15         16         17         18         19         20         21           22         23         24         25         26         27         28           29         30         31         1         1         10         10         10
APR SUIN MONI TUE WID THU FR 547 1 2 3 4 5 6 7 8 9 10 11 1 1 5 16 17 15 16 19 20 21 22 23 24 25 26 27 28 29 30	SUN         MON         TUT         WED         THU         FI         SAT           3         4         5         6         7         8         9           10         11         12         13         4         15         16           17         18         19         20         21         22         23           24         25         26         27         28         29         30	JUN         NON         TUN         WED         TUN         RN         S.47           1         2         3         4         5         6           7         8         9         10         11         12         13           4         5         10         11         12         13           4         5         16         7         18         19         20           21         22         23         24         25         26         27           28         29         30         1         14         15         16         10
Juni Moni Tuli Wilo Triu         Hi 2         3           5         6         7         8         10         11           12         13         4         15         16         17         18           19         20         21         22         22         24         25         26         27         28         29         30         31	Aug         G         Itel         WID         Titel         HI         H         Kd7           2         3         4         5         6         7         8           9         10         11         12         13         4         15         16         17         18         19         20         21         22         23         24         25         25         25         27         28         29         30         31	SUN         MON         TULE         WHO         TULE         WHO         TULE         RI         SAT           1         2         3         4         5         5         6         7         8         9         10         11         12         13         14         15         11         14         15         16         17         18         19         20         21         22         23         24         25         26           27         28         29         30 </td

2020 MCAT Dates

MCAT--Thursday, May 25th, 2019 Requested All Transcripts for TMDSAS/AMCAS --May 29th, 2019 PMAC Interview--June 17th, 2019 MCAT Results--June 17th, 2019 AMCAS submitted--June 19, 2019 TMDSAS submitted--June 29, 2019 TMDSAS Processed--July 15, 2019 AMCAS Processed--July 15, 2019 AMCAS Processed--July 16, 2019 Secondaries were done as they came in... Texas Interview--August 9, 2019 Florida Interview-September 13, 2019 UAMS Interview--October 5, 2019 Texas Acceptance--October 15, 2019 :) SLU Interview--November 4, 2019

A successful 2019 time line



lvey

Overall Process PMAC Summary

# Outline

## **Overall Process**

From MCAT to interview The Texas Difference

## PMAC

What you'll need What you'll do The nitty gritty



### From MCAT to interview The Texas Difference

## The MCAT days

# Before or shortly after MCAT

- Ask for individual letters
- Get transcripts for yourself
- Work on personal statement
- Have a headshot photo taken
- Mock interview
- Examine TMDSAS and PMAC forms



From MCAT to interview The Texas Difference

## The application itself

# Sequence

- Submit PMAC application
- Interview with PMAC
- Submit primary application (AMCAS, TMDSAS, AACOMAS)
- Submit secondary applications interview at med schools



Overall Process PMAC

Summary

From MCAT to intervie The Texas Difference

## Early Early Early!

# From TMDSAS manual



Start Early What's the best way to make sure you get everything done on time? Start early!

Do not wait until the last minute to submit your TMDSAS Application. Many schools begin interviewing candidates in July and August. Applications received early have a much better chance of being considered.



Overall Process PMAC Summary

From MCAT to interview The Texas Difference

## **Processing Time**

# From TMDSAS manual

**Expect a few weeks.** During peak season, this process can take anywhere between 2-4 weeks. This timeline can become even longer when an application is not completed according to the guidelines provided and thus causes a delay. Therefore, following directions pre- and post-submission and keeping lines of communication open are vital to ensuring the process runs as smoothly as possible.



Overall Process PMAC

The Texas Difference

### **TMDSAS** Letters

# Letters

Medical School Applicants:

- > Three individual letters of evaluation OR one Health Professions Committee Letter/Packet
- Option to submit 1 extra letter



Overall Process

Summary

From MCAT to interview The Texas Difference

### **TMDSAS** Letters

# Letters

#### What is a Health Professions Committee Packet?

Many institutions utilize a Health Professions Committee Packet for their professional school applicants. These packets come in three basic formats:

- 1. Committee letter with supporting letters attached.
- Committee letter that is composed and uses quotes from various evaluators but may or may not have supporting letters attached.
- Collection of individual evaluation letters which may also include a cover letter from an advising office or school letter service. The advising office or school letter service serves as a central collection service for the applicant, but does not make additional assessments of the candidate.



# PMAC Cycle

### Summer 1 Cycle

Must take the MCAT on or before Friday May 29th, 2020

### Monday June 8, 2020 11:59 PM

Deadline to submit web form and other materials (including letters of recommendation) to PMAC

### Wednesday June 10, 2020

PMAC interview sign-up sheet is sent out

### June 15 - July 3, 2020

PMAC interview period

#### on or before July 31, 2020

Committee letters uploaded



<b>Overall Process</b>	What you'll need
PMAC	What you'll do
Summary	The nitty gritty

## Required for PMAC web form

# PMAC form uploads

- Headshot photo
- Completed AMCAS, TMDSAS, or AACOMAS form
- AMCAS gpa spreadsheet (if you are submitting an AMCAS form)
- PMAC (UofA) Waiver form



Overall Process	What you'll need
PMAC	What you'll do
Summary	The nitty gritty

## PMAC web form

# PMAC form

- Identifying (ID#s) and Biographical info
- Summary of your premed career in paragraph form
- Short essays for your committee letter

# and while you're at it ...

Do one or more mock interviews!



<b>Overall Process</b>	What you'll need
PMAC	What you'll do
Summary	The nitty gritty

# The PMAC form

Premed Student Application	
Biographical Information	
Name *	
irat Name Last Name	
A student ID -	
AMCAS ID*	
Enter NA If this doesn't apply to you.	
AMCAS Letters ID (For committee letter, required for AMCAS applicants)*	
TMDAS ID*	
Enter N/A if this doeen't apply to you.	
AACOMAS ID (Required for DO schools)*	
Expected Date of Graduation*	
Powered by Formstack Create your own form >	
	<ul> <li>&lt; □ &gt; &lt; □ &gt; &lt; □ &gt; &lt; Ξ &gt; &lt; Ξ</li> </ul>

lvey

Overall Process What you'll need PMAC What you'll do Summary The nitty gritty

### The PMAC form



lvev

UNIVERSITY OF

3

イロン 不同 とくほ とくほ とう

Overall Process	What you'll need
PMAC	What you'll do
Summary	The nitty gritty

## The PMAC form

Experience Name	Date Began	Date Ended	Total Hours	_
	<b>v v v</b>	<b>_ _ _</b>		
Experience Name	Date Began	Date Ended	Total Hours	_
	<b>T T T</b>	<b>v v v</b>		
				_
In one or two paragraphs, descri	be your purpose and motivation for pursuing	a medical career.*		
	A			
Briefly describe three activities th	hat have most impacted your development a	s a future physician.*		
	R			
			<u>.</u> 0	UNIVERSITY OF
				ARKANSAS.
			・ ( 口 ) ( 四 ) ( 三 ) ( 三	। । । । • • • • • • • • • • • • • • • •

<b>Overall Process</b>	What you'll need
PMAC	What you'll do
Summary	The nitty gritty

## The PMAC form

# Letters of Recommendation

Letter Writer #1 Name*	7	Letter Writer #1 Institution*		1
First Name Last Name				
School 14				
Uploads				
AMCAS, TMDSAS, AACOMAS pdf* Choose File No file chosen Upload your completed application service form here				
Upload waiver form here* Choose File No file chosen				
Upload picture here* Choose File No file chosen				
Upload GPA spreadsheet excel file here* Choose File No file chosen				
	Submit Form	1		VERSITY OF
1		< □ >	▲□→ ▲目→ ▲目→	
	b	Mark Oaks at Assallantian		

# Parting thoughts



Decide committee letter packet vs only individual letters.

lvev

Sign up for mock interviews



< 🗇 > < 🖻 > .